



Charcot-Marie-Tooth Association

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Dear Medical Professional:

I have been diagnosed with Charcot-Marie-Tooth disorder, the most common inherited peripheral neuropathy, affecting one in 2,500 people. The disease is slowly progressive, causing deterioration of the peripheral nerves that control sensory information and muscle function in the feet, lower legs, hands and forearms.

Approximately 60 drugs are potentially dangerous for CMT patients. Please make this list part of my patient file and consider the possible dangers inherent in prescribing these drugs for me.

Definite High Risk:

Vinca alkaloids (Vincristine)
Taxols (paclitaxel, docetaxel, cabazitaxel)

Moderate to Significant Risk:

Amiodarone (Cordarone)
Arsenic Trioxide (Trisenox)
Bortezomib (Velcade)
Brentuximab Vedotin (Adcetris)
Cetuximab (Erbix)
Cisplatin & Oxaliplatin
Colchicine (extended use)
Dapsone
Didanosine (ddl, Videx)
Dichloroacetate
Disulfiram (Antabuse)
Eribulin Mesylate (Halaven)
Fluoroquinolones
Gold salts
Ipilimumab (Yervoy)
Ixabepilone (Ixempra)
Leflunomide (Arava)
Lenalidomide (Revlimid)
Metronidazole/Misonidazole (extended use)
Nitrofurantoin (Macrochantin, Furadantin, Macrobid)
Nitrous oxide (inhalation abuse or Vitamin B12 deficiency)
Nivolumab (Opdivo)
Pembrolizumab (Keytruda)
Perhexiline (not used in U.S.)
Pomalidomide (Pomalyst)
Pyridoxine (mega dose of Vitamin B6)
Stavudine (d4T, Zerit)
Suramin
Thalidomide
Zalcitabine (ddC, Hivid)

Uncertain or Minor Risk:

5-Fluoracil
Adriamycin

Uncertain or Minor Risk(continued):

Almitrine (not in U.S.)
Chloroquine
Cytarabine (high dose)
Ethambutol
Etoposide (VP-16)
Gemcitabine
Griseofulvin
Hexamethylmelamine
Hydralazine
Ifosfamide
Infliximab
Isoniazid (INH)
Lansoprazole (Prevacid)
Mefloquine
Omeprazole (Prilosec)
Penicillamine
Phenytoin (Dilantin)
Podophyllin resin
Sertraline (Zoloft)
Statins
Tacrolimus (FK506, ProGraf)
Zimeldine (not in U.S.)
 α -Interferon

Negligible or Doubtful Risk:

Allopurinol
Amitriptyline
Chloramphenicol
Chlorprothixene
Cimetidine
Clioquinil
Clofibrate
Cyclosporin A
Enalapril
Gluthethimide
Lithium
Phenelzine
Propafenone
Sulfonamides
Sulphasalazine

If you would like more information about how the medications listed above or any other medication may affect me, please email your questions to info@cmtausa.org. Thank you.

The latest research information is also available from the Charcot-Marie-Tooth Association (www.cmtausa.org), a 501(c)(3) organization that publishes a newsletter, conducts regional family and professional conferences and funds research on CMT.