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info@cmtausa.org • www.cmtausa.org/medicationlist

Dear Medical Professional:

I have been diagnosed with Charcot-Marie-Tooth disorder, the most common inherited peripheral neuropathy, affecting one in 2,500 people. The disease is slowly progressive, causing deterioration of the peripheral nerves that control sensory information and muscle function in the feet, lower legs, hands and forearms.

Approximately 60 drugs are potentially dangerous for CMT patients. Please make this list part of my patient file and consider the possible dangers inherent in prescribing these drugs for me.

**Definite High Risk:**

Vinca alkaloids (Vincristine)  
Taxols (paclitaxel, docetaxel, cabazitaxel)

**Moderate to Significant Risk:**

Amiodarone (Cordarone)  
Arsenic Trioxide (Trisenox)  
Bortezomib (Velcade)  
Brentuximab Vedotin (Adcetris)  
Cetuximab (Erbix)  
Cisplatin & Oxaliplatin  
Colchicine (extended use)  
Dapsone  
Didanosine (ddl, Videx)  
Dichloroacetate  
Disulfiram (Antabuse)  
Eribulin Mesylate (Halaven)  
Fluoroquinolones  
Gold salts  
Ipilimumab (Yervoy)  
Ixabepilone (Ixempra)  
Leflunomide (Arava)  
Lenalidomide (Revlimid)  
Metronidazole/Misonidazole (extended use)  
Nitrofurantoin (Macrochantin, Furadantin, Macrobid)  
Nitrous oxide (inhalation abuse or Vitamin B12 deficiency)  
Nivolumab (Opdivo)  
Pembrolizumab (Keytruda)  
Perhexiline (not used in U.S.)  
Pomalidomide (Pomalyst)  
Pyridoxine (mega dose of Vitamin B6)  
Stavudine (d4T, Zerit)  
Suramin  
Thalidomide  
Zalcitabine (ddC, Hivid)

**Uncertain or Minor Risk:**

5-Fluoracil  
Adriamycin

**Uncertain or Minor Risk(continued):**

Almitrine (not in U.S.)  
Chloroquine  
Cytarabine (high dose)  
Ethambutol  
Etoposide (VP-16)  
Gemcitabine  
Griseofulvin  
Hexamethylmelamine  
Hydralazine  
Ifosfamide  
Infliximab  
Isoniazid (INH)  
Lansoprazole (Prevacid)  
Mefloquine  
Omeprazole (Prilosec)  
Penicillamine  
Phenytoin (Dilantin)  
Podophyllin resin  
Sertraline (Zoloft)  
Statins  
Tacrolimus (FK506, ProGraf)  
Zimeldine (not in U.S.)  
α-Interferon

**Negligible or Doubtful Risk:**

Allopurinol  
Amitriptyline  
Chloramphenicol  
Chlorprothixene  
Cimetidine  
Clioquinil  
Clofibrate  
Cyclosporin A  
Enalapril  
Gluthethimide  
Lithium  
Phenelzine  
Propafenone  
Sulfonamides  
Sulphasalazine

If you would like more information about how the medications listed above or any other medication may affect me, please email your questions to info@cmtausa.org. Thank you.

The latest research information is also available from the Charcot-Marie-Tooth Association (www.cmtausa.org), a 501(c)(3) organization that publishes a newsletter, conducts regional family and professional conferences and funds research on CMT.