

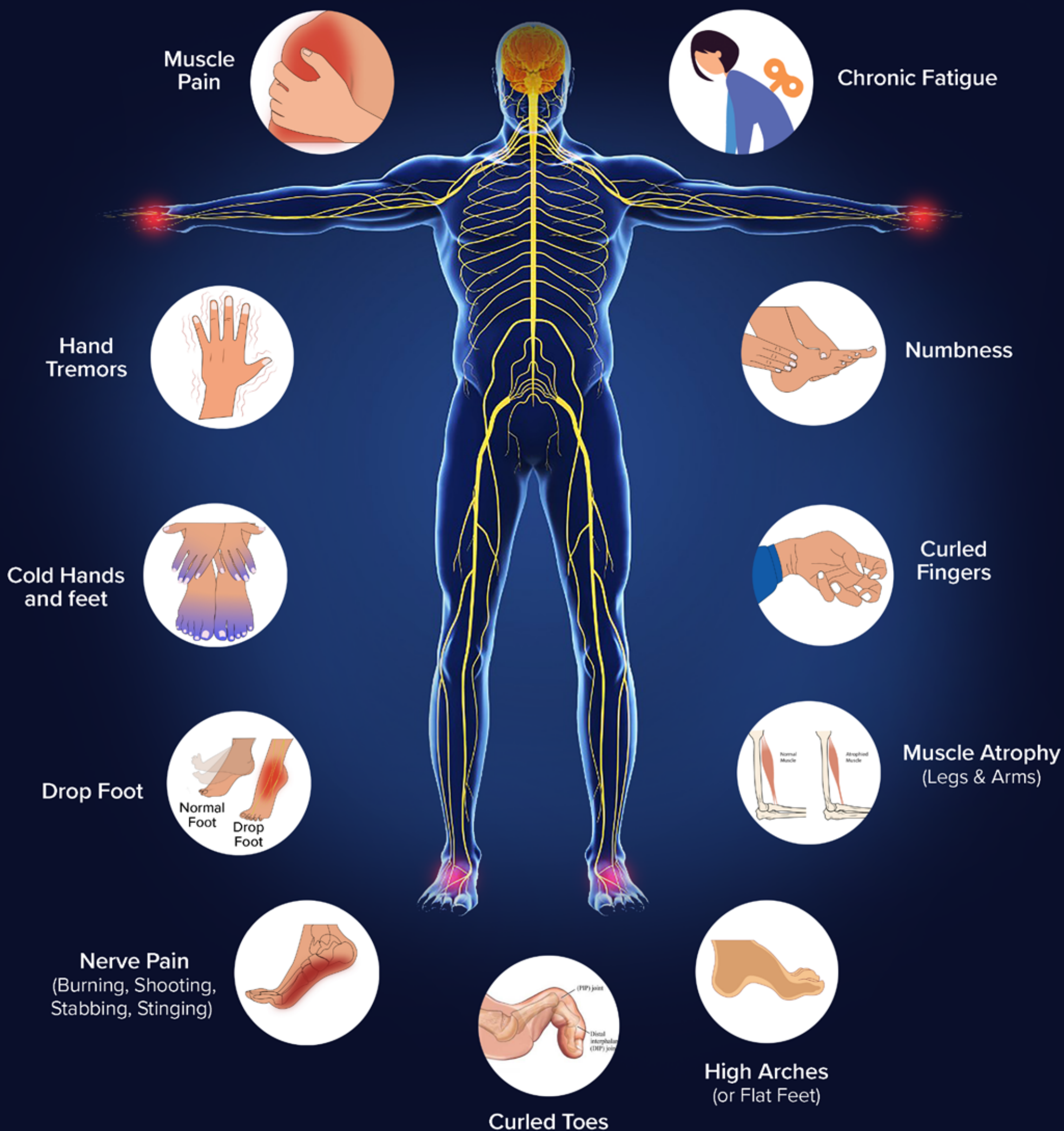
WHAT IS CMT?

Charcot-Marie-Tooth Disorder

CMT is a disease of the peripheral nerves that control the muscles. It is the most commonly inherited peripheral neuropathy, found in both genders and in all races and ethnic groups and affecting more than 3 million people worldwide.

CMT is typically inherited from one's parents, it can also occur as a result of a new or spontaneous mutation and can be passed on to their children. CMT is usually slowly progressive, causing loss of normal function and/or sensation in the feet/legs and hands/arms. CMT is currently incurable, not usually fatal, though it can be severely disabling in some people.

Common Symptoms of CMT



Other Symptoms Include:

Tripping/Falling, Muscle Spasms/Cramps, High Stepped Gait, Ankle Sprains, Lack of proprioception(knowing where your body is in space), Sleep Apnea, Decreased Co-ordination (in hands & fingers), Emotional Distress, Curvature of the Spine, Inability to Work (due to physical limitations), Breathing Difficulties, Respiratory Muscle Weakness, Hip Dysplasia, Hearing loss, Vocal Cord Paralysis.

CMTA
Charcot-Marie-Tooth Association

cmtausa.org